

## Resolution #

By the Honorable [names of elected officials \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_]

### It is Declared

**SEPTEMBER 2017 is PAIN AWARENESS MONTH**

### in Cooperation with

Community Pain Center (CPC)

and

National Fibromyalgia Association (NFA)

and

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**Whereas**, the U.S. has experienced a crisis in pain care with an estimated 100 million people in the United States—1 out of every 3 people in our country and billions of people worldwide—suffering daily with the symptoms of chronic pain, yet they are unable to find help that provides adequate pain relief.

**Whereas**, chronic pain, has been recognized as an epidemic affecting women, men, and children of all ages and races; at a cost of over \$635 billion annually in the U.S.; and

**Whereas**, people with chronic pain often live with both physical and emotional pain, along with extreme fatigue, sleep disorders, and impairment of memory and concentration; and

**Whereas**, chronic pain can be debilitating, infringing upon a person’s ability to work, and have any kind of quality of life; medical professionals frequently are inadequately educated on ways to help their patients; and

**Whereas**, it is necessary we recognize that over 30 years of research has shown that educating patients on self-management techniques, supporting health care providers by expanding their tool boxes with evidence-based integrated approaches and identifying more efficient care delivery models to provide access to evidence-based personal, social, and environmental resource that go beyond the doctor’s office; are necessities in helping people in pain; and

**Whereas**, in 2016, Congress, the Department of Health and Human Services, the National Institutes of Health, and the Institute of Medicine, recognized and released the **National Pain Strategy (NPS)**, a blue print for managing pain in the U.S.; and

**Whereas**, we believe that the NPS mandates are vital in the efforts to reduce the number of people living in chronic pain; we pledge to support the NPS's mandates including:

- Developing methods and metrics to monitor and improve the prevention and management of pain.
- Supporting the development of a system of patient-centered integrated pain management practices based on a biopsychosocial model of care that enables providers and patients to access the full spectrum of pain treatment options.
- Taking steps to reduce barriers to pain care and improve the quality of pain care for vulnerable, stigmatized and underserved populations.
- Increasing public awareness of pain, increasing patient knowledge of treatment options and risks, and helping to develop a better informed health care system.

**Whereas**, the Community Pain Center (CPC), the National Fibromyalgia Association and \_\_\_\_\_, along with other chronic pain and fibromyalgia support organizations around the country, have joined together to promote **September 2017 as Pain Awareness Month**; and

**Whereas**, therefore, helping to guarantee hope for a better future for people living with chronic pain; now therefore, be it:

Resolved by [name of elected officials] \_\_\_\_\_ that they hereby recognize the needs of people with chronic pain and recognize **September 2017 as Pain Awareness Month** in \_\_\_\_\_, and urge all of its citizens to support those living in pain, their caregivers and health care providers.

Resolution No. \_\_\_\_\_

Dated this \_\_\_\_\_ day of September 2017

**PROVIDED BY:**

**The Community Pain Center**

**OurCPC.com**

**In cooperation with: National Fibromyalgia Association**

**FMAware.org**

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