American College of Rheumatology (ACR) 2016 Fibromyalgia Diagnostic Criteria

Generalized pain
Defined as pain in at least 4 of 5 regions, is present.
1. Left upper region, including shoulder, arm or jaw
2. Right upper region, including shoulder, arm or jaw
3. Left lower region, including hip, buttock or leg
4. Right lower region, including hip, buttock or leg
5. Axial region, including neck or back

Generalized Pain Total (maximum 5) _______

Widespread Pain Index
Identify pain and tenderness during the past week in the following areas:

Widespread Pain Index Total (maximum 19) _______

Symptom Severity Score

Over the past week:
Fatigue
Waking up tired or unrefreshed
Cognitive functions (trouble thinking or remembering)

During the past 6 months:
Headaches
Pain or cramps in the abdomen
Depression

Symptom Severity Score Total (maximum 12) _______

All of the following criteria must be met to make a diagnosis of Fibromyalgia.
1. Generalized pain in at least 4 of 5 regions.
2. Symptoms have been present at a similar level for at least 3 months.
3. WPI ≥ 7 and SSS score ≥ 5  OR  WPI of 4–6 and SSS score ≥ 9.
4. A diagnosis of fibromyalgia is valid irrespective of other diagnoses.
Fulfills all diagnosis criteria for Fibromyalgia.